

Getting Your Kids to Help Tidy Up!



Ever feel like you are constantly picking up toys, laundry, school bags? We have some ideas to help make clean up time a little more bearable!

1. Make it Fun!

a) How about make a game of bingo? Each square has a picture or word of something that needs to be picked up. (clothes, books, toys etc.)

Cleanup Bingo

Socks	Pj's	Toy
Books	Papers	Toy
Toy	Shoes	School Bag

When a line is completed you can offer your child a small treat ie: a chocolate chip, apple slice, jelly bean. When your child receives a blackout then maybe the treat would be a little bigger.

b) Find the 'Secret' Item Game. Choose an item from the mess. Whoever finds that item wins. The prize could be a treat or the chance to choose a family game or movie to partake in. You decide!

c) **Beat The Clock.** Set a timer for 15 minutes, and the kids have to get everything cleaned up in that amount of time. You may be surprised at how excited they are and how much gets put away! I am told that some kids love this and some find it a bit stressful - you know your children. :-)

d) **Laundry Basketball.** Position the clothes hamper in the middle of the room. Have the kids make a basket with each dirty clothes item that they throw in. This can also be done for stuffies and soft toys!

e) **Spinner Cleanup.** Make your own spinner. Each spot on your spinner will have a different chore or room to tidy written on it.

2. **Music!** This is what I do when I am cleaning the house. I crank the tunes and get at it. Music makes me happy, so the job doesn't seem so bad! My kids love music and dancing too; try it.

4. **Make Cleaning Their Rooms or Chores a Routine.** Choose an ideal time that your child can do some tidying and stick with it!

5. **Let them choose.** Children respond better when they have choices. Allow them to choose any room in the house to clean. This teaches them a variety of chores and will hopefully decrease the groans and negativity!

6. **Have your child decorate baskets or boxes for storage.** They can use colours, stickers, or even cut out pictures from magazines indicating what goes in each box. My artsy gal would be keen on this one!

7. **Be a Role Model.** Children look up to parents as role models. So be a good one! If they see you tidying your room and happy with the end result then they too may follow suit.



~ Happy Cleaning ~
Krystal @ Simple Life Celebrations

We would love to hear what you do to get your kids to help you tidy! Please email me your ideas: krystal@simplelifecelebrations.com

We offer organizing services. If you are interested in having us organize in your home please contact krystal@simplelifecelebrations.com